
Warrior Preparation - Read chapters 9 & 10 of the Warrior book.

Discussion Questions: (Note: Good judgement will be have to be used as to the appropriateness of discussing conflict situations in a group setting. Take care to select occurrences that are suitable. Some incidents need to be discussed on an individual basis vs. the group)

- Think of a situation where you lost your temper and acted in anger (a significant recent event or one from the past). What was the result or results?
- How did the person(s) provoke your anger? If you had it to do over again, what would you do differently?
- Have you ever experienced a situation like David faced with Nabal, where you were about to lose your temper and God sent someone to help you come to your senses? Without intervention, what might have happened?
- Are there situations or people currently tempting you to anger? What are the common elements that provoke your anger? How are you doing at home with your own family? Is there conflict or anger there that you need help in overcoming?

Chapter 10

- How do you think David handled the temptation he faced to become bitter toward Saul? What can we learn from his example? Read Hebrews 4:14-5:3
- What were some situations that might have tempted Jesus to be bitter? How did He deal with them?
- Share a situation from your past when you were tempted with bitterness, but God helped you to overcome it. What wisdom can you pass on to the group about it?
- Are there any situations currently in your life that are tempting you with bitterness? Is bitterness simply a matter of dealing with your own attitude before God? Why or why not? Are there any reconciliation conversations you need to have?

Warrior Decisions:

- Find a brother(s) in your group who can help you objectively and spiritually work through conflicts and anger with (guard your hearts). Proverbs 18;17, Deut 16:18-20
- If you have any ongoing bitterness that you have not been able to overcome, seek counsel from a mature - spiritual warrior in the group or leader in the church. Read: Proverbs 13:10, v.20, 15:12, v.14, 24:5-6

