Discussion Title: Say What???	**Category**: Character

	Opening Question: Do you have a TV or radio personality that you appreciate for his or her uplifting words?	Pick 4-7 individuals to share. 10 minutes total.
Lesson:		
	How can I communicate with others in a way that builds community? <u>We need to control what we say</u> – read James 3:3-8	Pick 1-2 individuals to answer each question (Q). Keep track of time during the discussion. Keep the discussion focused and on point. Avoid going off on a tangent topic. Additional notes:
Q.	How do the illustrations of a bit, a rudder, and a fire spark so fitting relate to the tongue?	
Q.	If no human being can control the tongue, why bother trying?	
	<u>We need to be consistent In our speech</u> – read James 3:9-12	
Q.	What do these contradictions in speech say about our basic human nature? Our relationship with God?	
Q.	How can these inconsistencies be harmful to the community of the church?	
	<u>We need to avoid destructive speech</u> – read Colossians 3:8-10	
Q.	What does it mean to "put on the new self"? (see Colossians 2:6-7, 10) How is this like a "continuing education program"? A change of wardrobe?	
	<u>Speak Positive Words</u> – read 1 Peter 3:8-10	
Q.	How should we live if we want to "love life and see good days" (v.10)?	
Q.	Of the five directives given in verses 8 & 9, which do you think is the most difficult to do? Why?	
	Application ➢ How we speak and the type of relationship we build go together. Is there a relationship that you would like to pray about in regard to your speech? ➢ Make an effort to evaluate your speech this week	